For questions & comments about glidefree<sup>™</sup>Transfer Board Strips, email or call:

> Tamarack Habilitation Technologies (763) 795-0057 local (866) 795-0057 toll-free

info@tamarackhti.com Email www.tamarackhti.com Web





**Disposal:** Recycle per federal, state, local regulations

Tamarack Habilitation Technologies 1670-94th Lane NE Minneapolis, MN 55449 USA Ph: +1-763-795-0057

LOT



Email: info@tamaracakhti.com

ONET BV Kantstraat 19 NL-5076 NP Haaren The Netherlands

Mfr. Part Number: SB-GF5 Contents: 1 Kit (5 pcs.)

© 2017 glidefree and ShearBan are trade marks of Tamarack Habilitation Technologies, Inc. Rev. 7-03/17

Product of Tamarack Habilitation Technologies, Inc.

## Installation Instructions \*Video Available\*

Tools and Supplies needed: Cleaner (soap/water) or rubbing alcohol, tape measure, marker, scissors, towel

- 1) Clean the transfer board using soap and water or rubbing alcohol to ensure it is clean and free from soapy residue and body oils.
- Determine glidefree<sup>™</sup>tape placement (4 or 5 strips is recommended) - plan location of each strip to be approximately 1/2" to 3/4" apart.
- 3) Measure the board, adding 1" to 2" total length so tape can wrap securely around the back side.
- 4) Out glidefree<sup>™</sup>tape to desired length—round corners to prevent peeling during use.
- 5) Start placing tape by peeling back a few inches of the backing film—place the tape at the edge of the board, folding 1/2" to 1" around the back side.
- 6) Continue placing the tape on the board, removing the backing as you bring it across the board to the other side. Be sure to keep the tape under slight tension and aligned straight as you proceed.
- 7) Repeat procedure for remaining strips.
- 8) Press fingertips firmly over entire surface of glidefree<sup>™</sup>strips to ensure a strong bond between the transfer board and adhesive tape.



*Photo's above illustrate tape application around transfer board handles and ends of the board* 

## User Tips

glidefree<sup>™</sup>transfer board tape is intended to reduce friction between your body and the transfer device—with or without clothing and in wet or dry transfers.

I. Use CAUTION as you begin using the transfer board with glidefree<sup>™</sup>tape, as it now has a more slippery surface than what you may be accustomed. We recommend having someone nearby to ensure transfer safety during first few uses.

II. If you have any concerns about the safe use of this product, discontinue use immediately and contact your therapist or assistive technology professional for assistance with using your transfer board.

III. On occasions where the transfer board needs to be higher on one end, use CAUTION to prevent uncontrolled transfers. If height differences between transfer points is a routine issue, reduce or increase the number of glidefree<sup>™</sup>strips to reduce or increase the amount of friction reduction desired for safe and effective use..

IV. glidefree<sup>™</sup>tape will reach optimal adhesion to the transfer board 24 hours after application. If possible, avoid wet transfers for the first 24 hours.

\*To view a short instructional video tutorial on proper glidefree™ tape placement, visit our website: http://www.tamarackhti.com/shop/transfer-board-tape